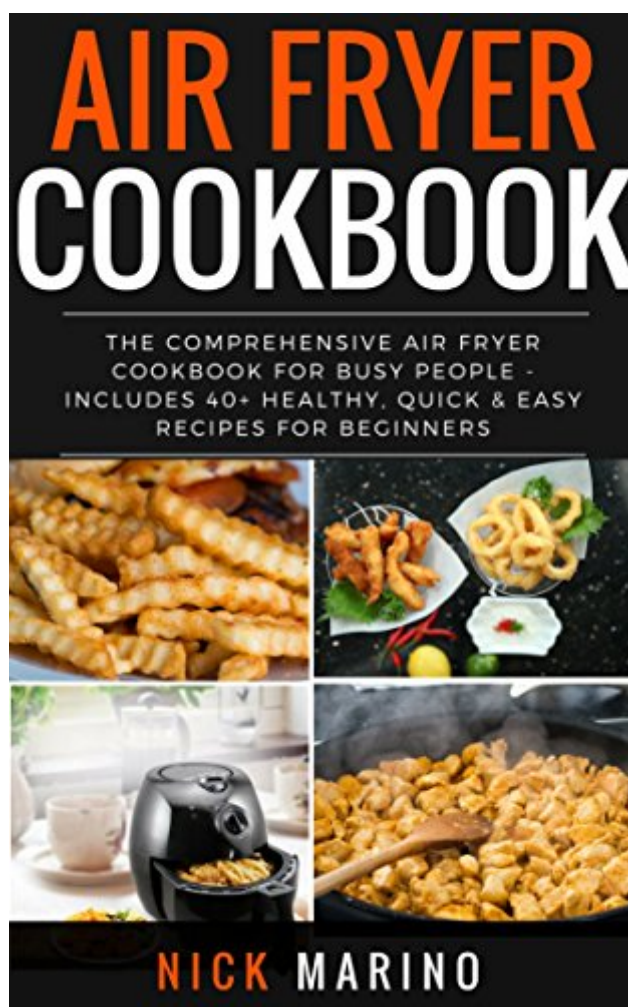


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Air Fryer Cookbook: The Comprehensive Air Fryer Cookbook For Busy People - Includes 40+ Healthy, Quick & Easy Recipes For Beginners (Air Fryer Series 2)





Synopsis

Discover The Comprehensive Air Fryer Cookbook for Busy People - Includes 40+ Healthy, Quick & Easy Recipes for Beginners! There is an idea that if you eat too many fried food, you would likely get bulky, lethargic and eventually unfit. Using an Air fryer as the solution your food will get cooked faster, with less oil or no oil at all, and gives your taste buds a lift and amazing taste! Most Americans do enjoy fried food and they often go for the convenient option, the restaurants, food courts, and road side vans etc. These conventional fried foods are tasty, there is no doubt, but have you ever considered what it is doing to your health? Switching to homemade fried food using Air Fryer can save your money, make you enjoy your own creation and it offers good health value as well. Stop going to the most traditional convenient options of fried food out there and choose something different and new! See how your life will become much easier and healthier as a result! In This Book You Will Find: A brief knowledge on what is an Air fryer How does an Air fryer work Health benefits of cooking in Air fryer Why Air fryer is better than an oven The pricing and cooking options of an air fryer Delicious Recipes ranging from Appetizers to desserts So Go Ahead, Grab Your Copy & Start Reading Today!

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